INITIAL EXPERIENCE

To date, 22 patients have been reviewed in the Guy’s and St Thomas’ dedicated clinic. Mean age 45 (range 25-70), and 46% female.

<table>
<thead>
<tr>
<th>Abnormal test</th>
<th>Palpitations</th>
<th>SOB</th>
<th>Chest pain</th>
<th>Dizziness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart failure</td>
<td>Heart failure</td>
<td>Heart failure</td>
<td>Heart failure</td>
<td>Heart failure</td>
</tr>
</tbody>
</table>

Table 1: Symptoms of patients seen in Post-Covid Cardiology clinic

CONCLUSION

1. Half of patients had no significant cardiac pathology and simply needed reassurance and lifestyle advice. At follow-up these patients slowly improved.

2. Collaboration with colleagues involved in this cohort of patients was essential to pool knowledge and seek a collaborative opinion.

3. Anecdotally, those with palpitations and inappropriate sinus tachycardia responded very well to β-blockers. Evidence is urgently needed to guide optimal management in this cohort.

REFERENCES


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