

# Improving End of Life Care for People with Cardiovascular Disease & Heart Failure

10% card payments discount\*  
15% group booking discount\*\*

Wednesday 2nd December 2020 Virtual Conference



## Chair and Speakers Include:

**Professor Zaheer Yousef**  
*Consultant Cardiologist & Professor (honorary)*  
University Hospital of Wales & Cardiff University *Chair* Heart Research Wales

**Gilbert Wheeler**  
*Patient Ambassador*  
Cardiomyopathy UK & British Heart Foundation

**Dr Charles Daniels**  
*Medical Director St Luke's Hospice and Macmillan Lead Consultant in Palliative Medicine* London Northwest Healthcare NHS Trust



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This conference will include will provide you with the full conference experience from your workplace or home.

The Virtual event will include:

- Live and pre-recorded sessions
- A dedicated landing page including supporting abstracts, resources and powerpoint presentations
- Interactive Breakout groups
- Live Q&A sessions and polls
- Virtual networking with fellow delegates and speakers
- Additional educational taster sessions
- a secure server with password protected entry exclusively for attendees
- CPD accreditation

This conference focuses on improving end of life care for people with Cardiovascular Disease and Heart Failure through a person centred approach. Through national updates and practical case studies the conference aims to support you to meet the end of life care needs for people with heart disease. The conference will also discuss starting difficult conversations: talking to people with heart failure about end of life care & advance care planning, and understanding progression of Heart Failure: Predicting and recognising last days of life and managing uncertainty.

*“Heart and circulatory diseases cause more than a quarter of all deaths in the UK, that’s nearly 170,000 deaths each year – an average of 460 deaths each day or one every three minutes in the UK.”* British Heart Foundation

*“There is extensive evidence that the distress faced by those living and dying with advanced heart failure is similar, and in many cases more severe, than those dying of cancer. Yet very few patients are referred for palliative or hospice support by their primary care or hospital cardiology teams.”* Hospice UK

This conference will enable you to:

- Network with colleagues who are working to improve end of life care for people with cardiovascular disease and heart failure
- Learn from the experience of someone living with heart failure
- Reflect on national developments and learning
- Understand what excellence in end of life care for heart failure looks like in practice
- Improve the approach to talking to people with heart failure about end of life care & advance care planning
- Learn from services developing pioneering models of palliative care for patients and their carers living with advancing heart failure
- Ensure effective psychological support
- Reflect on progression of Heart Failure: Predicting and recognising last days of life and managing uncertainty
- Understand how you can improve symptom control, hydration & prescribing
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

## 10.00 Chair's Welcome and Introduction

**Professor Zaheer Yousef** *Consultant Cardiologist & Professor (honorary) University Hospital of Wales & Cardiff University Lead Clinician: heart failure, cardiomyopathies, and cardiac resynchronisation therapy Chair Heart Research Wales Ambassador for Heart Failure Pan African Society of Cardiology*

## 10.10 Putting personal experience first: Learning from lived experience of heart failure

### Gilbert Wheeler

*Patient Ambassador for Cardiomyopathy UK, BHF, NHS Congenital Heart Services, Public Health England Heart Services, Kings Fund Heart Services, NHS Citizens' Assembly, NHS Patients Voice, and CQC and Operations Officer, Cardiovascular Care Partnership*

- a personal journey
- the little things that make a big difference
- meaningfully engaging and involving people, and developing peer support
- improving information about what to expect at the end of life

## 10.40 The End of Life Needs of people with Heart Disease

### Professor Zaheer Yousef

*Consultant Cardiologist & Professor (honorary) University Hospital of Wales & Cardiff University Lead Clinician: heart failure, cardiomyopathies, and cardiac resynchronisation therapy Chair Heart Research Wales Ambassador for Heart Failure Pan African Society of Cardiology*

- the typical heart failure patient journey
- putting the patient at the centre
- the end of life needs for people with heart disease
- what does high quality end of life care look like
- outcomes from a heart failure supportive care model

11.10 *Small Breakout Discussion Groups, Questions and answers, followed by coffee at 11.35*

## 11.50 VIRTUAL EXTENDED SESSION: Best Practice End of Life Care for Heart Failure

### Dr Karen Hogg

*Consultant Cardiologist, NHS National Services Scotland; and Palliative and Supportive Care Co-ordinator, Heart Failure Hub Scotland*

- what does best practice look like for people with Heart Failure at the end of life
- developing and monitoring care plans for every patient and communicating with family and carers
- ethical dilemmas and decision making
- supporting carers and professionals to deliver excellence
- improving end of life care for heart failure patients across Scotland

12.50 *Small Breakout Discussion Groups, Question and answers, followed by lunch and exhibition at 13.15*

## 13.50 Case study: The vital role that system change has to play in improving Heart Failure management at EOLC - Seeing this from multiple perspectives

### Dr Charles Daniels

*Medical Director St Luke's Hospice and Macmillan Lead Consultant in Palliative Medicine London Northwest Healthcare NHS Trust*

- tangible benefits to patients of integration of Heart Failure and Palliative care services
- identifying the key dependencies

## 14.30 Pioneering core components of palliative care for patients and their carers living with advancing heart failure

### Yvonne Millerick

*Heart Failure Palliative Care Nurse Consultant Lecturer Glasgow Caledonian University & NHS, GG&C*

- The Caring Together Programme
- integrating cardiac supportive palliative care
- training and educating frontline staff
- the Scottish experience and examples of good practice

## 15.00 Difficult conversations: discussing heart failure, end of life care and advance care planning

### Helen Jackson

*Consultant Nurse in Heart Failure Oxford University Hospitals NHS Trust*

- starting difficult conversations
- practicalities of advance care planning

15.30 *Small Breakout Discussion Groups, Question and answers, followed by tea break at 15.45*

## 16.00 Case Study: St Christopher's Hospice Heart Failure Service

### Fiona Hodson

*Nurse Consultant St Christopher's Hospice*

- supporting and caring for people with end stage disease with a focus on heart failure
- working in partnership across organisations and services
- supporting and caring for people with end stage disease with a focus on heart failure
- working in partnership across organisations and services
- delivering effective psychological support
- our service in St Christopher's

## 16.30 Symptom control, hydration & anticipatory prescribing

### Dr Jo Sykes

*Palliative Care Consultant Rowcroft Hospice and Torbay and South Devon NHS Foundation Trust*

- clinical management and symptom control in the last day of life
- ensuring adults in the last days of life have their hydration status assessed daily, and a discussion about the risks and benefits of clinically assisted hydration
- effective anticipatory prescribing: anticipating new symptoms that may arise and prescribing medicines in advance to manage them
- issues around deactivation of ICDs
- delivering effective medication review at the end of life and issues with controlled drugs

17.00 *Question and answers, followed by close*

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### Virtual Conference

Download

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Post this form to Healthcare Conferences UK  
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Surname

Job Title

Department

Organisation

Address

Postcode

Telephone

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Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box,   
Please also ensure you complete your full postal address details for our records.

#### This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

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For more information contact Healthcare Conferences UK on **01932 429933** or email [jayne@hc-uk.org.uk](mailto:jayne@hc-uk.org.uk)

#### Venue

This conference is a virtual event with interactive participation and resources available on a dedicated landing page for three months after the event date.

**Date** Wednesday 2nd December 2020

#### Conference Fee

- £295 + VAT (£354.00) for NHS, Social care, private healthcare organisations and universities.
- £250 + VAT (£300.00) for voluntary sector / charities.
- £495 + VAT (£594.00) for commercial organisations.

#### \*Credit card Discount

10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

#### \*\*Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

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#### Data Protection

This booking represents a contract between Healthcare Conferences UK and yourself as a delegate at this event.

#### Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

#### Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email [carolyn@hc-uk.org.uk](mailto:carolyn@hc-uk.org.uk)

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