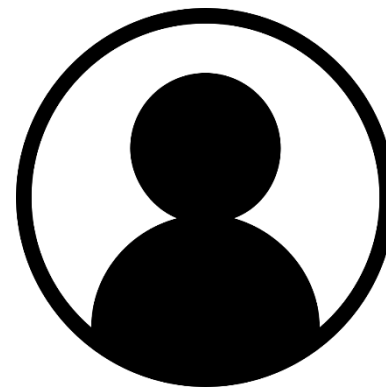


# My ESC account creation

Obtain your ESC ID

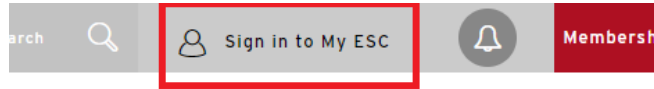
# What is a My ESC account?

- A My ESC account provides you a unique ESC member experience.
- With a My ESC account, you will get:
  - Your own My ESC area
  - ESC membership information
  - Free newsletters
- Creating a My ESC account is free of charge.

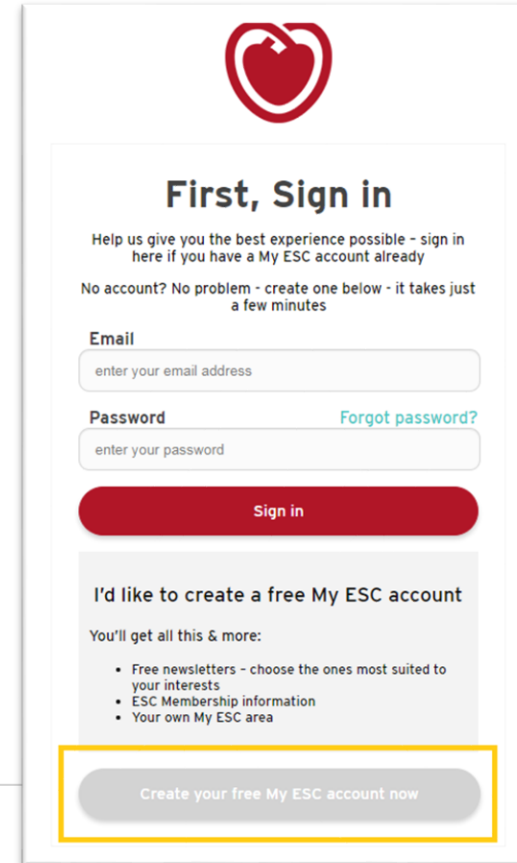


# Create your My ESC account

1. Go to ESC website: <https://www.escardio.org/>
2. On the top right, click on 'Sign in to My ESC'



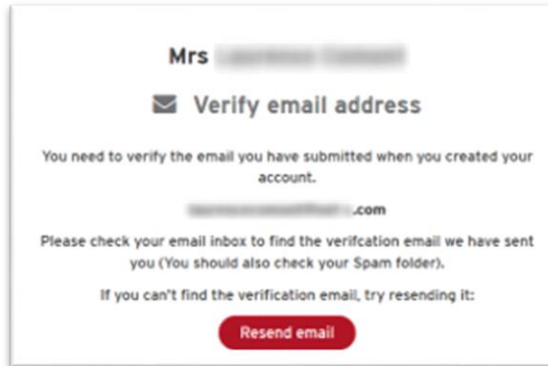
3. A new page opens. Click on 'Create your free My ESC account now'



The image shows the 'First, Sign in' page on the ESC website. It features the ESC logo at the top, followed by the heading 'First, Sign in'. Below this is a message: 'Help us give you the best experience possible - sign in here if you have a My ESC account already'. A link for 'No account? No problem - create one below - it takes just a few minutes' is provided. There are input fields for 'Email' and 'Password', with a 'Forgot password?' link next to the password field. A red 'Sign in' button is below the fields. A section titled 'I'd like to create a free My ESC account' lists benefits: 'Free newsletters - choose the ones most suited to your interests', 'ESC Membership information', and 'Your own My ESC area'. At the bottom, a grey button labeled 'Create your free My ESC account now' is highlighted with a yellow box.

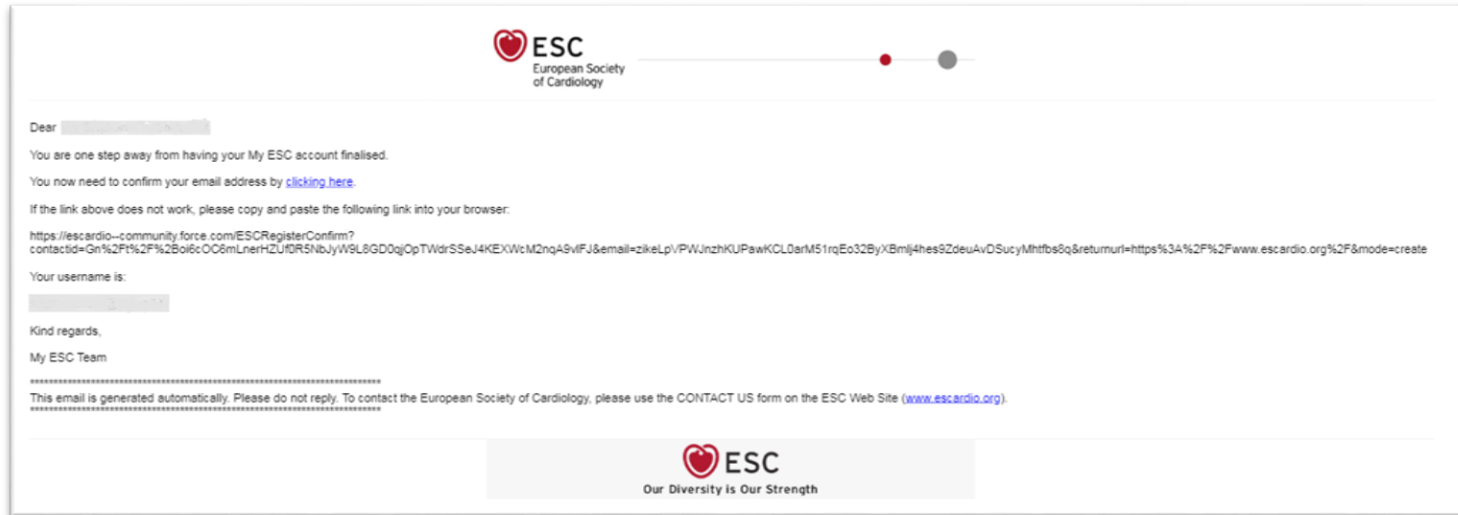
# Create your My ESC account

4. Enter all information required and at the end of the form, click on 'Create Account'.
5. An email address verification is required.



# Create your My ESC account

6. Check your mailbox to find the verification email. If you haven't received it, check your spam folder.



# Create your My ESC account

## Obtain your ESC ID

7. Once your account is created and confirmed, sign in to your MyESC account.

Your **ESC ID** (unique identifying number of each member) will be available on the top-right of the screen, below your name.

